

DATE CHAPTER ✓

### Week 37

1 Timothy

1   
2   
3   
4   
5

### Week 38

6

2 Timothy

1   
2   
3   
4

### Week 39

Titus

1   
2   
3

1 John

1   
2

### Week 40

3   
4   
5

2 John

1

3 John

1

### Week 41

1 Peter

1   
2   
3   
4   
5

DATE CHAPTER ✓

DATE CHAPTER ✓

### Week 42

John

1   
2   
3   
4   
5

### Week 43

6   
7   
8   
9   
10

### Week 44

11   
12   
13   
14   
15

### Week 45

16   
17   
18   
19   
20

### Week 46

21

1 Thessalonians

1   
2   
3   
4

### Week 47

5

2 Thessalonians

1   
2   
3

2 Peter

1

DATE CHAPTER ✓

### Week 48

John

1   
2   
3   
4   
5

Jude

1

Revelation

1   
2

### Week 49

3   
4   
5   
6   
7

### Week 50

8   
9   
10   
11   
12

### Week 51

13   
14   
15   
16   
17

### Week 52

18   
19   
20   
21   
22

©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan.

Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for non-commercial use. All copyright information must be retained.



**Navigators**  
**Discipleship**  
**Tool**

5x5x5

## New Testament Bible Reading Plan

*Read through the New Testament in 5 days a week, 5 minutes a day.*

### 5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

### 5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

### 5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage.  
Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

 **navigators**

**THIS TOOL IS MEANT TO BE SHARED.**  
Download the detailed 5x5x5 plan at [navlink.org/newtestament](http://navlink.org/newtestament)

## The Navigators

DATE	CHAPTER	✓
<b>Week 1</b>		
<b>Mark</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
<b>Week 2</b>		
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
<b>Week 3</b>		
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
15	<input type="checkbox"/>	
<b>Week 4</b>		
16	<input type="checkbox"/>	
<b>Acts</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
<b>Week 5</b>		
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
<b>Week 6</b>		
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
<b>Galatians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	

DATE	CHAPTER	✓
<b>Week 7</b>		
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
17	<input type="checkbox"/>	
18	<input type="checkbox"/>	
19	<input type="checkbox"/>	
<b>Week 8</b>		
20	<input type="checkbox"/>	
21	<input type="checkbox"/>	
22	<input type="checkbox"/>	
23	<input type="checkbox"/>	
24	<input type="checkbox"/>	
<b>Week 9</b>		
25	<input type="checkbox"/>	
26	<input type="checkbox"/>	
27	<input type="checkbox"/>	
28	<input type="checkbox"/>	
<b>Hebrews</b>		
1	<input type="checkbox"/>	
<b>Week 10</b>		
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
<b>Week 11</b>		
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
<b>Week 12</b>		
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
<b>Galatians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
<b>Week 13</b>		
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
<b>James</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
<b>Week 14</b>		
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
<b>Matthew</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
<b>Week 15</b>		
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
<b>Week 16</b>		
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
<b>Week 17</b>		
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
17	<input type="checkbox"/>	
<b>Week 18</b>		
18	<input type="checkbox"/>	
19	<input type="checkbox"/>	
20	<input type="checkbox"/>	
21	<input type="checkbox"/>	
22	<input type="checkbox"/>	

## New Testament Reading Plan

DATE	CHAPTER	✓
<b>Week 19</b>		
23	<input type="checkbox"/>	
24	<input type="checkbox"/>	
25	<input type="checkbox"/>	
26	<input type="checkbox"/>	
27	<input type="checkbox"/>	
<b>Week 20</b>		
28	<input type="checkbox"/>	
<b>Romans</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
<b>Week 21</b>		
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
<b>Week 22</b>		
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
<b>Week 23</b>		
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
<b>Ephesians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
<b>Week 24</b>		
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
<b>Philippians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
<b>Week 25</b>		
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
<b>Colossians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
<b>Week 26</b>		
4	<input type="checkbox"/>	
<b>Philemon</b>		
1	<input type="checkbox"/>	
<b>Luke</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
<b>Week 27</b>		
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
<b>Week 28</b>		
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
<b>Week 29</b>		
14	<input type="checkbox"/>	
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
17	<input type="checkbox"/>	
18	<input type="checkbox"/>	
<b>Week 30</b>		
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
<b>Philippians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
<b>Week 31</b>		
24	<input type="checkbox"/>	
<b>1 Corinthians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
<b>Week 32</b>		
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
<b>Week 33</b>		
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
<b>Week 34</b>		
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
<b>2 Corinthians</b>		
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
<b>Week 35</b>		
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
<b>Week 36</b>		
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	

(Fold Here)